

NOVEMBER 2019 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EEC Lunch <i>MENUS ARE SUBJECT TO CHANGE</i>				
				11-1 Teriyaki Beef Dipper Rice Bowl Broccoli Buds Frozen Peach Pop
11-4 Bean & Cheese Chimichanga - V Roasted Potato Wedges Fruit Cup	11-5 Mama's Meatball Sub Fresh Garden Salad Frozen Juice Slush	11-6 Beef & Cheese Taco Burrito Cooked Baby Carrots Fruit	11-7 Crispy Chicken Sandwich Ruffle Fries Frozen Fruit Cup	11-8 Cherry Blossom Chicken Bowl Broccoli Buds Frozen Peach Pop
11-11 VETERANS DAY HOLIDAY	11-12 WG Pepperoni Pizza Wedge Cooked Baby Carrots Frozen Juice Cup	11-13 Philly Cheese Steak Sandwich Mini Potato Tots Fruit	11-14 Café LA Burger Fresh Garden Salad Frozen Juice Cup	11-15 Teriyaki Beef Dipper Rice Bowl Broccoli Buds Frozen Peach Pop
11-18 Toasted Cheese Sandwich - V Roasted Potato Wedges Fruit	11-19 Chicken Tenders Homestyle/Waffles Fiesta Pinto Beans or Campfire Baked Beans Frozen Juice Slush	11-20 Holiday Turkey and Gravy with Stuffing Aloha Roll Creamy Mashed Potatoes Fruit	11-21 WG Pepperoni Pizza Wedge Crispy Potato Smiles Frozen Juice Cup	11-22 Orange Meatball Rice Bowl Broccoli Buds Frozen Peach Pop
11-25 Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit	11-26 Crispy Chicken Sandwich Mini Potato Tots Frozen Juice Slush	11-27 Café LA Burger Roasted Potato Wedges Fruit	THANKSGIVING DAY HOLIDAY	

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

All of the Grain/Bread items served are Whole Grain Rich.

V: Vegetarian items

** Farm Fresh Fruits: Apple, Orange, Banana

Daily Vegetarian Options: Deli Cheese Sandwich, Toasted Cheese Sandwich

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Posted 10/18/19